

Full Report (All Nutrients) 45130166, BANQUET Ham and Cheese Breadstick, UNPREPARED, GTIN: 00031000102104

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Report Date: May 26, 2017 14:42 EDT

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer ConAgra Foods Inc.

Nutrient	Unit	Data points	Std. Error	1 Meal (134g) 134g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	260	194
Protein	g	--	--	10.00	7.46
Carbohydrate, by difference	g	--	--	36.01	26.87
Sugars, total	g	--	--	8.00	5.97
Minerals					
Calcium, Ca	mg	--	--	150	112
Iron, Fe	mg	--	--	2.69	2.01
Potassium, K	mg	--	--	190	142
Sodium, Na	mg	--	--	641	478
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	0.0	0.0
Vitamin A, IU	IU	--	--	300	224
Lipids					
Fatty acids, total saturated	g	--	--	2.51	1.87
Fatty acids, total monounsaturated	g	--	--	2.00	1.49
Fatty acids, total polyunsaturated	g	--	--	3.50	2.61
Fatty acids, total trans	g	--	--	0.00	0.00
Cholesterol	mg	--	--	9	7

Amino Acids

Other

Ingredients

Ham and Cheese Sticks: Bleached Enriched Wheat Flour (Bleached Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Cooked Ham (Ham, Water, Sodium Lactate, Salt, Dextrose, Corn Syrup Solids, Sodium Phosphates, Smoke Flavoring, Sodium Diacetate, Sodium Erythorbate, Sodium Nitrite), Soybean Oil Blend (Soybean Oil, Partially Hydrogenated Soybean Oil, Citric Acid), Casein, Cheddar Flavored Bread Crumbs (Bleached Wheat Flour, Cheddar Cheese [Milk, Cheese Cultures, Salt, Enzymes], Salt, Whey, Sugar, Buttermilk Solids, Yellow Corn Flour, Yeast, Soybean Oil, Lactic Acid, Yellow 5, Yellow 6, Extractives Of Paprika), Soybean Oil, Milk Protein Concentrate, Cheddar Cheese Blend (Whey, Cheddar Cheese [{Milk, Cheese Cultures, Salt, Enzymes}], Maltodextrin, Buttermilk, Salt, Canola Oil,

Sodium Phosphate, Lactic Acid], Modified Food Starch, Corn Syrup Solids, Whey, Coconut Oil, Salt, Phosphate [Calcium, Sodium, Potassium], Natural Flavor, Color [Annatto, Turmeric], Maltodextrin, Sodium Caseinate, Yeast Extract, Whey Protein Concentrate, Sugar, Citric Acid, Xanthan Gum, Mono & Diglycerides, Disodium Inosinate, Buttermilk, Nonfat Dry Milk, Lactic Acid, Calcium Lactate, Soy Lecithin, Onion), Dextrose, Modified Corn Starch, Modified Potato Starch, Sodium Aluminum Phosphate, Salt, Cheddar Cheese Flavor (Cheddar, Blue And Semi-Soft Cheese [Pasteurized Milk, Cheese Cultures, Salt, Enzymes], Water, Whey, Salt, Citric Acid), Baking Powder (Sodium Bicarbonate, Sodium Aluminum Sulfate, Cornstarch, Monocalcium Phosphate, Calcium Sulfate), Dough Conditioner (Wheat Flour, Salt, Soy Oil, L. Cysteine, Ascorbic Acid, Enzyme), Yeast (Yeast, Starch, Sorbitan Monostearate, May Contain Ascorbic Acid), Disodium Phosphate, Mozzarella Cheese Type Flavor (Cheese [Milk, Culture, Rennet, Salt], Milk Solids, Emulsifier [Disodium Phosphate]), Lactic Acid, Methylcellulose, Sorbic Acid (Preservative), Soy Flour, Paprika Annatto Blend (Natural Extractives Of Annatto Seeds And Paprika With Mono-, Di-, And Triglycerides, Soybean and/or Canola Oil, Other Natural Flavors, Tocopherol And Potassium Hydroxide), Vitamin Blend (Magnesium Oxide, Zinc Oxide, Calcium Pantothenate, Riboflavin and Vitamin B-12), Vitamin A Palmitate. Cheesy Bacon Dipping Sauce: Water, Cheddar Club Cheese (Pasteurized Cultured Milk, Salt, Enzymes, Annatto Coloring), Whey, Bacon Bits (Bacon, Water, Salt, Sodium Phosphate, Sodium Nitrate, Smoke Flavoring, May Contain: Sugar, Sodium Erythorbate, Brown Sugar, Sodium Ascorbate, Potassium Chloride, Dextrose), Modified Corn Starch, Whey Protein Concentrate, Salt, Butter (Cream, Annatto), Wheat Flour, Disodium Phosphate, Mono- and Diglycerides, Cheese Powder (Granular and Blue Cheese [Milk, Cultures, Salt, Enzymes]), Carob Bean Gum, Sunflower Oil, Maltodextrin, Soybean Oil, Citric Acid, Sodium Phosphate, Lactic Acid, Color (Corn Oil, Beta Carotene, D-alpha-Tocopherol)._x000D_ CONTAINS: MILK, SOY, WHEAT. *Date Last Updated by Company: 07/29/2016*